

IT IS LAWFUL TO DO GOOD ON THE SABBATH

The Exclusion of Traditional Sabbath Observance

As I last explained in THE REMOVAL OF THE OLD COVENANT & THE ESTABLISHMENT OF THE NEW COVENANT, some of the smallest letters and strokes have passed away from the Law [**Mt 5:18**] because of the sacrifice Jesus made for mankind, while here [**Col 2:13-14**]. Some of those changes are as follows:

(Col 2:16-17) Therefore do not let anyone judge you by what you eat or drink, or with regard to a religious festival, a New Moon celebration or a Sabbath day. These are a shadow of the things that were to come; the reality, however, is found in Christ.

On the Sabbath, even the simplest of tasks such as stick gathering were prohibited:

(Num 15:32-36) And while the children of Israel were in the wilderness, they found a man that gathered sticks upon the sabbath day. And they that found him gathering sticks brought him unto Moses and Aaron, and unto all the congregation. And they put him in ward, because it was not declared what should be done to him. And the LORD said unto Moses, The man shall be surely put to death: all the congregation shall stone him with stones without the camp. And all the congregation brought him without the camp, and stoned him with stones, and he died; as the LORD commanded Moses.

Even making fires were prohibited on the Sabbath:

(Exo 35:1-3) Moses assembled the whole Israelite community and said to them, "These are the things the LORD has commanded you to do: For six days, work is to be done, but the seventh day shall be your holy day, a Sabbath of rest to the LORD. Whoever does any work on it must be put to death. Do not light a fire in any of your dwellings on the Sabbath day."

Cook? You break the Sabbath. The list is very long.

The prophet Jeremiah spoke the following:

(Jer. 17: 21) This is what Jehovah says: Be careful not to carry a load on the Sabbath day or bring it through the gates of Jerusalem. Do not bring a load out of your houses or do any work on the Sabbath, but keep the Sabbath day holy, as I commanded your forefathers.

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Yet, Jesus Christ clearly instructed a man to do that which was unlawful on the Sabbath. He told a man to carry his mat:

(John 5:8-10) Then Jesus said to him, "Get up! Pick up your mat and walk." At once the man was cured; he picked up his mat and walked. The day on which this took place was a Sabbath, and so the Jews said to the man who had been healed, "It is the Sabbath; the law forbids you to carry your mat."

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Jesus Christ could have simply instructed the man "Get up and go", but obviously the Lord chose to do what was unlawful on the Sabbath and broke it by commanding the man to "take up thy bed, and walk". A clear departure from the command given by Jehovah in Jer 17:21.

The Old Covenant was only a shadow of what was to come:

(Col 2:16-17) Therefore do not let anyone judge you by what you eat or drink, or with regard to a religious festival, a New Moon celebration or a Sabbath day. These are a shadow of the things that were to come; the reality, however, is found in Christ.

And was only put in place until the new order was to come:

(Heb 9:10) They are only a matter of food and drink and various ceremonial washings—external regulations applying until the time of the new order.

Upon the coming of the "new" the old was made obsolete.

(Heb 8:13) By calling this covenant "new," he has made the first one obsolete; and what is obsolete and aging will soon disappear.

Therefore, in agreement with Paul, it is clear that under the New Covenant, it's clear by the example of Jesus Christ that traditional Sabbath observance was never included.

The bottom line is this...

(Mat 12:9-12) He went on from there and entered their synagogue. And a man was there with a withered hand. And they asked him, "Is it lawful to heal on the Sabbath?"--so that they might accuse him. He said to them, "Which one of you who has a sheep, if it falls into a pit on the Sabbath, will not take hold of it and lift it out? Of how much more value is a man than a sheep! So it is lawful to do good on the Sabbath."

It is lawful to do good on the Sabbath. If a doctor must work to help heal a man, then work. If a person must work to feed his family, then work to feed them.

It is lawful to do good on the Sabbath.

OLD COVENANT: **(Exodus 20:8)** Remember the Sabbath day, to keep it holy.

The spirit says, keep every day holy, and

NEW COVENANT: **(Heb 12:14)** Strive for peace with everyone, and for holiness, without which no one will see the Lord.